

# Oral PrEP (Pre-Exposure Prophylaxis) Initiation Algorithm

How to start your pregnant clients on PrEP

START WITH AN **HIV TEST**  
FOLLOW HTS GUIDELINES

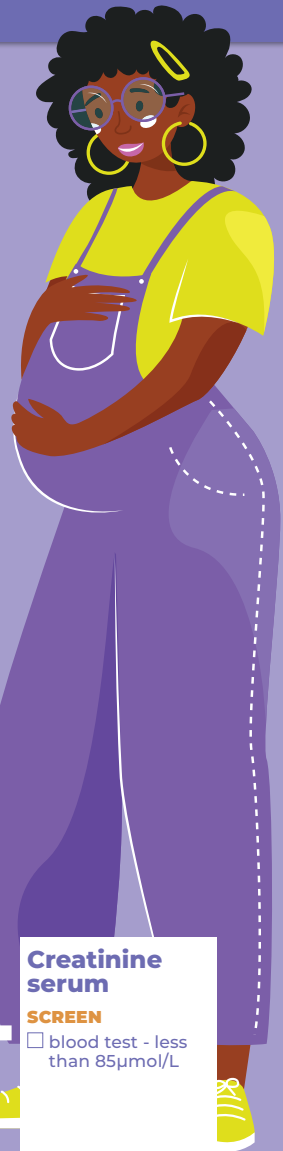
**HIV Negative**

**HIV Positive**

POST-TEST COUNSELLING + IMMEDIATE INITIATION OF ANTIRETROVIRAL THERAPY (HIV TREATMENT GUIDELINES)

**COUNSEL FOR HIV PREVENTION**

- VMMC**
- Condoms**
- PEP**
- Regular HIV testing**
- ART for partners living with HIV**
- STI management**



PROVIDE INFORMATION ON PrEP TO ALL

PROVIDE COUNSELLING

IS THE CLIENT INTERESTED IN PrEP?

**YES** ASSESS FOR ELIGIBILITY

**Assess for PEP eligibility**

**SCREEN**

possible exposure to HIV within 72 hours, as per PEP guidelines

**Assess for acute HIV infection**

**SCREEN**

physical examination

**Adolescents and youth**

**SCREEN**

over 15 yrs old or

weigh more than 30kg

**Creatinine serum**

**SCREEN**

blood test - less than 85µmol/L

**START CLIENT ON oral PrEP SAME DAY**  
PROVIDE 1 MONTH PrEP SUPPLY AND SCHEDULE NEXT APPOINTMENT  
OFFER CONDOMS WITH PrEP TO ALL CLIENTS

**Additional note: HepB**  
Screen for HepB: PrEP is not contraindicated for those with HBV. If the test is positive, start PrEP if eligible then refer to a doctor for liver function monitoring and further management of HepB.

Month 0: Initiation

After 1 month: **MONTH 1**

- HIV Test
- STI Screening
- Counselling
  - Importance of taking oral PrEP pills as prescribed
  - Condom use
  - Contraception
  - Importance of attending antenatal visits
  - Encourage clients to return for their next appointment

**3 Month prescription for oral PrEP**

Every **3 Months**

- HIV Test
- STI Screening
- Counselling
  - Importance of taking oral PrEP pills as prescribed
  - Condom use
  - Contraception
  - Importance of attending antenatal visits
  - Encourage clients to return for their next appointment

**3 Month prescription for oral PrEP**

**PrEP IS CHOICE**  
#ICHOOSEME

Post-delivery, clinician to report pregnancy outcome on PrEP Pregnancy Outcome Reporting Form.