

# Oral PrEP (Pre-Exposure Prophylaxis) Initiation Algorithm

How to start your clients on PrEP

START WITH AN **HIV TEST**  
FOLLOW HTS GUIDELINES

**HIV Negative**

**HIV Positive**

POST-TEST COUNSELLING + INITIATE IMMEDIATE ANTIRETROVIRAL THERAPY (HIV TREATMENT GUIDELINE)

## COUNSEL FOR HIV PREVENTION

<b>VMMC</b>	<b>Condoms</b>	<b>PEP</b>	<b>Regular HIV testing</b>	<b>ART for partners living with HIV</b>	<b>STI management</b>

PROVIDE INFORMATION ON PrEP TO ALL

PROVIDE COUNSELLING

IS THE CLIENT INTERESTED IN PrEP?

**YES**

ASSESS FOR ELIGIBILITY

### Assess for PEP eligibility

**SCREEN**  
 possible exposure to HIV within 72 hours, as per PEP guidelines

### Assess for acute HIV infection

**SCREEN**  
 physical examination

### Adolescents and youth

**SCREEN**  
 over 15 yrs old or  
 weigh more than 30kg

### Creatinine clearance only for persons at high risk in relation to:

**SCREEN**  
 individuals regardless of age with co-morbidities (diabetes and/or hypertension)  
 Persons aged 30 years or older  
 All pregnant women

**START CLIENT ON PrEP SAME DAY**  
PROVIDE 1 MONTH PrEP SUPPLY AND SCHEDULE NEXT APPOINTMENT  
OFFER CONDOMS WITH PrEP TO ALL CLIENTS

Month 0: Initiation

### Additional note: HepB

Screen for HepB: PrEP is not contraindicated for those with HBV. If the test is positive, start PrEP if eligible then refer to a doctor for liver function monitoring and further management of HepB.

After 1 month: **MONTH 1**

- HIV Test
- STI Screening
- Counselling
  - Importance of taking oral PrEP pills as prescribed
  - Condom use
  - Contraception
  - Encourage clients to return for their next appointment

**3 Month prescription for oral PrEP**

Every **3 Months**

- HIV Test
- STI Screening
- Counselling
  - Importance of taking oral PrEP pills as prescribed
  - Condom use
  - Contraception
  - Encourage clients to return for their next appointment

**3 Month prescription for oral PrEP**

**PrEP IS CHOICE**  
#ICHOOSEME