How to start your pregnant clients on PrEP **Oral PrEP** (Pre-Exposure Prophylaxis)

Initiation Algorithm

**START WITH AN** 

# **HIV TEST**

**FOLLOW HTS GUIDELINES** 

HIV Negative

### HIV Positive

POST-TEST COUNSELLING IMMEDIATE INITIATION OF ANTIRETROVIRAL THERAPY (HIV TREATMENT GUIDELINES)

#### **COUNSEL FOR HIV PREVENTION**

**VMMC** 

Condoms

PEP

Regular HIV testing ART
for partners
living with HIV

STI







PROVIDE INFORMATION ON PREP TO ALL

PROVIDE COUNSELLING

IS THE CLIENT INTERESTED IN PrEP?

YES

3 Month

prescription

for oral PrEP

ASSESS FOR ELIGIBILITY

### Assess for PEP eligibility

#### SCREE

possible exposure to HIV within 72 hours, as per PEP guidelines

Assess for acute HIV infection

#### SCREEN

physical examination

## Adolescents and youth

#### SCREEN

over 15 yrs

old or

☐ weigh more
than 30kg

## Creatinine serum

#### SCREEN

□ blood test - less than 85µmol/L

### START CLIENT ON oral PrEP SAME DAY

PROVIDE 1 MONTH PREP SUPPLY AND SCHEDULE NEXT APPOINTMENT OFFER CONDOMS WITH PREP TO ALL CLIENTS

**Month 0: Initiation** 

### Additional note:

Screen for HepB: PrEP is not contraindicated for those with HBV. If the test is positive, start PrEP if eligible then refer to a doctor for liver function monitoring and further management of HepB.

# After 1 month: MONTH 1

- ☐ HIV Test
- ☐ STI Screening
- □ Counselling
  - Importance of taking oral PrEP pills as prescribed
  - Condom use
  - Contraception
  - Importance of attending antenatal visits
  - Encourage clients to return for their next appointment

#### Lvery

**3 Months** 

- ☐ HIV Test
- STI Screening
- □ Counselling
  - Importance of taking oral PrEP pills as prescribed
  - Condom use
- Contraception
- Importance of attending antenatal visits
- Encourage clients to return for their next appointment

3 Month prescription for oral PrEP

Prep V IS CHOICE

Post-delivery, clinician to report pregnancy outcome on PrEP Pregnancy Outcome Reporting Form.

Version: OralPrEP\_PBEP\_InitiationAlgorithm\_Aug2024

www.myprep.co.za



@MyPrEPSouthAfrica



