











live by a

- Nhlamulo, 22

HIV prevention is all about putting my health first! I know the straight-up facts about HIV and PrEP. I choose the method that works for me... pill, ring or injection... my choice! I use condoms when I can, test for HIV and other STIs. I don't apologize for taking control of my health.

#ICHOOSEME



Got questions? Chat with us on 065 869 8031 for more information on PrEP choice and HIV prevention.



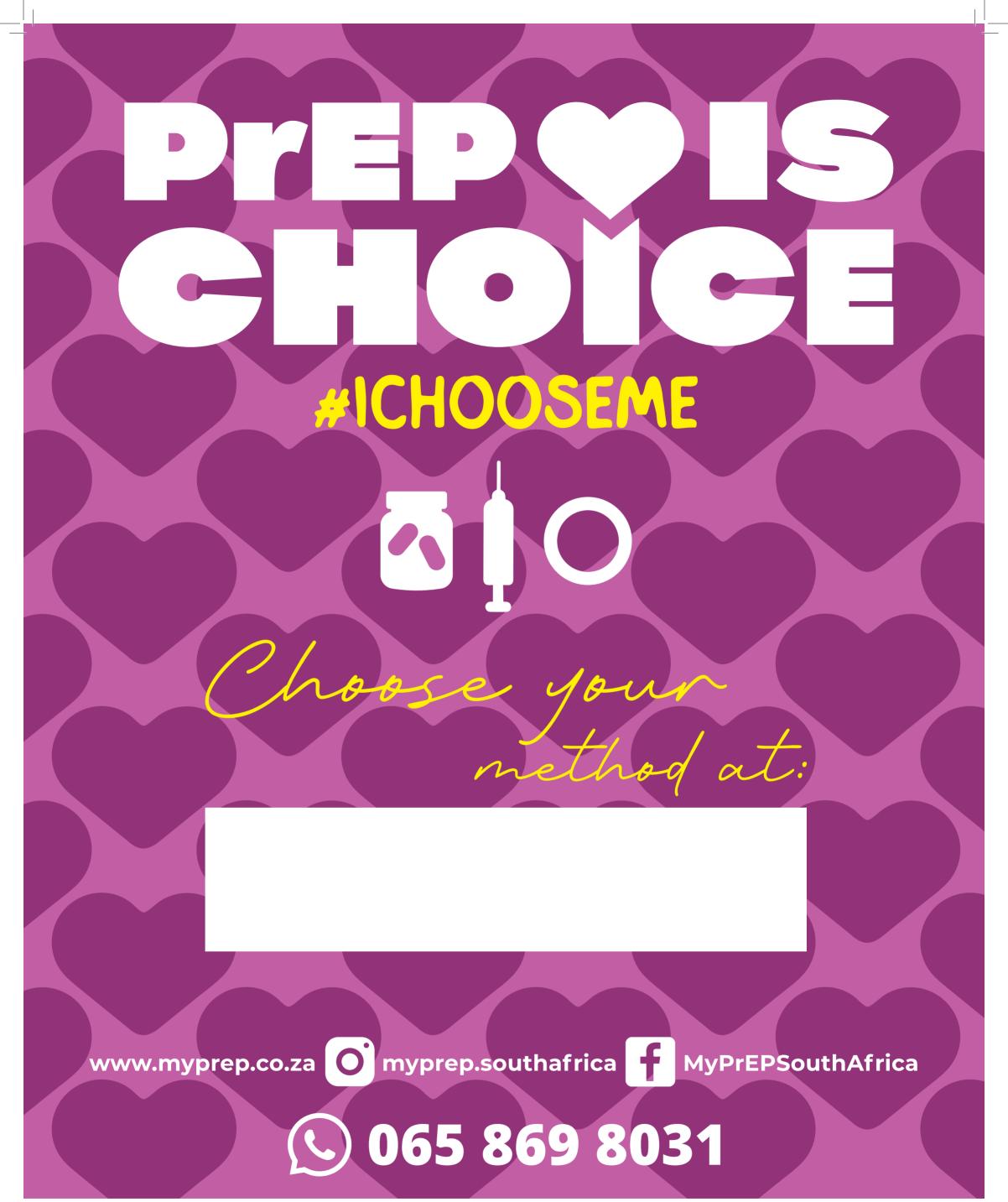








Scan the QR code for more information about PrEP choice and HIV prevention.









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